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State:	Missouri

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

## DEFINITION OF SPECIALIZED SERVICES

Specialized services for individuals with mental illness is defined as the implementation of an individualized plan of care developed under and supervised by a physician, provided by a physician and other qualified mental health professionals, that prescribes specific therapies and activities for the treatment of persons who are experiencing an acute episode of severe mental illness which necessitates supervision by trained mental health personnel; and is directed toward diagnosing and reducing the resident's behavioral symptoms that necessitated institutionalization, improving his or her level of independent functioning, and achieving a functioning level that permits reduction in the intensity of mental health services to below the level of specialized services at the earliest possible time.

Specialized services for individuals with mental retardation or other related disorders is defined as a continuous program for each client, which includes aggressive, consistent implementation of a program of specialized and generic training, treatment, health services and services that are directed towards the acquisition of the behaviors necessary for the client to function with as much self-determination and independence as possible; and the prevention or deceleration of regression or loss of current optimal function status. Specialized services does not include services to maintain generally independent clients who are able to function with little supervision or in the absence of a continuous treatment program.